

High School Health Education Family Life Curriculum Permission Slip

Dear Parent(s) and/or Guardian(s):

The Frederick County Public Schools health course includes three specific areas of family life instruction approved by the Frederick County Board of Education and the Maryland State Department of Education.

Part 1: Human Reproduction

Topics covered will include: Anatomy and functions of the male and female reproductive system, reproductive process from fertilization to birth, factors which increase risks of abnormal fetal development, stages of labor and delivery and definition of miscarriage, and, spontaneous abortion.

Part 2: Birth Control

Topics will include: Methods of birth control; abstinence; the effectiveness, advantages and disadvantages of sterilization and contraceptives; and, the sources of information and services.

Part 3: Sexually Transmitted Diseases

Topics will include: Physical symptoms; prevention and treatment; complications if untreated; and resources for control of Sexually Transmitted Infections (STI), including HPV (Human Papillomavirus), Syphilis, Gonorrhea, Chlamydia, Genital Herpes, Trichomoniasis, Hepatitis, HIV/AIDS, Pubic Lice and Scabies, Chancroid.

You have the right to elect or not to elect to enroll your student in any part. Materials to be used in this course will be available for preview upon request. For additional copies of the family life permission slip, click on the Permission Forms tab and select the appropriate Family Life permission slip for your child. Those students who do not have permission to participate in the family life unit will be provided alternate assignments and typically will complete the alternate work in a different classroom. Please feel free to contact your child's health teacher to preview these materials or if you have any further questions.

State regulation requires students who opt out of family life instruction receive materials related to menstruation. Your student will be provided a short packet of information related to menstruation. You can preview the packet here: https://education.fcps.org/healthpek12/sites/healthpek12/files/yourfirstperiod_especiallyforteens.pdf

A parent packet was created to help you talk to your student about menstruation. You can access the resource here: https://education.fcps.org/healthpek12/sites/healthpek12/files/menstruation_packet_for_parents.pdf



Please complete and return the following section only:

Please check **Yes** or **No** for each part listed below:

As the parent/guardian of _____, I _____
Student name Printed parent/guardian name

Give my permission for my student, listed above, to participate in the following health curriculum:

Part 1: Human Reproduction	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Part 2: Birth Control	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Part 3: Sexually Transmitted Diseases	<input type="checkbox"/> Yes	<input type="checkbox"/> No

Signature of Parent/Guardian

Date