

PARENT PERMISSION SLIP: **7th Grade Health - Family Life Unit**

Dear Parents/Guardians:

We will be providing an opportunity for your child to participate in a family life unit, including sexually-transmitted infection and HIV & AIDS prevention instruction, as part of the seventh grade health education curriculum. This unit, which is abstinence-based and age-appropriate, builds upon the information that the student has received in previous classes. Teachers emphasize communication skills, decision-making skills, and resistance skills to help students deal with peer pressure. During this unit, appropriate factual questions will be answered.

We believe that communication between parents and their children about these important topics is vital. To this end, an opportunity to meet the teacher and preview all materials will be held

Date:

Time:

Please feel free to contact your child's teacher if you have any questions. For additional copies of the family life permission slip and other resources please visit <http://education.fcps.org/healthpek12/> and then click on the Parents/Community, and select Family Life Resources from the pull down menu. Those students who do not have permission to participate in the family life unit will be provided alternate assignments and typically will complete the alternate work in a different classroom.

State regulation requires students who opt out of family life instruction receive materials related to menstruation. Your student will be provided a short packet of information related to menstruation. You can preview the packet here:

https://education.fcps.org/healthpek12/sites/healthpek12/files/yourfirstperiod_especiallyforteens.pdf

A parent packet was created to help you talk to your student about menstruation. You can access the resource here:

https://education.fcps.org/healthpek12/sites/healthpek12/files/menstruation_packet_for_parents.pdf

Please complete and return the following section only:



As the parent/guardian of _____, I _____
Student name Printed parent/guardian name

- GIVE my permission to participate in the 7th grade Family Life Health Unit.**
- DO NOT give my permission to participate in the 7th grade Family Life Health Unit.**

Signature of Parent/Guardian

Date

SEVENTH GRADE FAMILY LIFE CURRICULUM

HE.700.40 Family Life and Human Sexuality - Students will demonstrate the ability to use human development knowledge, social skills, and health enhancing strategies to promote positive relationships and health growth and development throughout the life cycle.

Family Unit

HE.700.40.01 Explore how family members influence the development of adolescents.

HE.700.40.01.a Demonstration how family relationships influence personal health.

Healthy Relationships

HE.700.40.02 Develop and use skills for making responsible decisions about sexual behavior based on its consequences for the individual and others.

HE.700.40.02.a Analyze the consequences of becoming sexually active.

HE.700.40.02.b Discuss how resistance skills and assertive behaviors may contribute to healthy sexuality.

HE.700.40.02.c Develop and use skills for making responsible decisions about family planning and preventing pregnancy.

HE.700.40.02.d Explore myths and misconceptions concerning sexual behavior and STI's.

Abstinence

HE.700.40.03 Examine factors that influence the development of interpersonal relationships and sexual behavior.

HE.700.40.03.a Identify abstinence as the surest way to prevent pregnancy and sexually transmitted diseases as the appropriate behavior for students. Note that the ideal in our society is abstinence until marriage. If questioned, emphasize the importance of delaying sexual intercourse until in a position to take responsibility for children, which is best done in a stable, two-parent family.

HE.700.40.03.b Describe the significance of peer pressure on making decisions about relationships and sexual behavior.

Fetal Development

HE.700.40.04 Describe the anatomy and physiology of the human reproductive system and the reproductive process.

HE.700.40.04.a Describe fertilization and fetal development.

HE.700.40.04.b Describe the process of pregnancy and childbearing.

HE.700.40.04.c Discuss the factors that may affect pregnancy and childbearing.

HE.700.40.04.d Describe the emotional, physical and psychological changes of adolescence.

HE.700.50 Safety and Injury Prevention - Students will demonstrate the ability to apply prevention and intervention knowledge, skills, and processes to promote safe living in the home, school, and community.

Harassment

HE.700.50.01 Demonstrate an understanding of sexual harassment and sexual assault, including prevention skills and appropriate intervention.

HE.700.50.01.a Define sexual harassment and sexual assault.

HE.700.50.01.b Identify behaviors that are considered verbal, physical, or electronic sexual harassment and assault such as unwelcome touching, gestures, comments, and written communication.

HE.700.50.01.c Identify techniques to avoid being sexually harassed/assaulted and the consequences of sexually harassing/assaulting others.

HE.700.50.01.d Identify and demonstrate refusal strategies and skills.

HE.700.50.01.e Demonstrate an understanding of the importance of immediately reporting sexual harassment and assault to a parent, school staff member, or other trusted adult.

HE.700.50.01.f Identify the responsibilities of a witness to sexual assault/harassment and demonstrate effective advocacy skills.

HE.700.70 Disease Prevention and Control - Students will demonstrate the ability to apply prevention and treatment knowledge, skills, and strategies to reduce susceptibility and manage disease.

Sexually Transmitted Infections

HE.700.70.01 Recognize and describe symptoms, effects on the body, treatment, and prevention of Sexually Transmitted Infections – STI's including Syphilis, Gonorrhea, Chlamydia, Herpes, Genital Warts, and HIV/AIDS.

HE.700.70.01.a Classify STI's as bacterial, viral, or parasitic.

HE.700.70.01.b List specific symptoms of STI's.

HE.700.70.01.c Describe risk factors and risk behaviors that affect an individual's susceptibility to disease.

HE.700.70.01.d Explain the impact STI's have on the contraction of other STI's and/or HIV.

HE.700.70.01.e Explain the impact of short-term and long term effects of disease.

HE.700.70.01.f Examine various modes of treatment.

HE.700.70.01.g Explain the importance of early detection and intervention as it relates to the treatment of disease.

HE.700.70.01.h Describe how healthy lifestyles prevent disease and promote optimal well-being.

HE.700.70.01.i Explore the impact of sexually transmitted diseases (HPV/Genital Warts, Genital Herpes, Gonorrhea, Syphilis and Chlamydia) including HIV/AIDS on individual and societal behaviors.