CFC Guidance Bulletin

FCC Social Media: Connect with FCC via Social Media!
• Twitter - @FCC DualEnroll
• Facebook – FCC Dual Enrollment
• Instagram - @FCC DualEnrollment

Events:

Leaders of Today, tomorrow, and Beyond Conference: March 30th at Hagerstown Community College. For female students in grades 6th-12th. Opportunity to explore educational and career opportunities, meet professionals from a variety of backgrounds, and develop the remarkable leader within themselves. Includes workshops on financial literacy, budgeting, saving for college, mock interview practices and social media safety. For more information and to register go to https://www.surveymonkey.com/r/gsconference or call 301-596-9941. Deadline: March 18, 2019.

Community Foundation Scholarship: Open from March 1st – March 31st. Eligibility – current high school seniors planning to attend college or vocational training. Scholarships are available in all areas of study. Information sessions listed below. Go to www.ScholarshipsFrederickCounty.com for more information and to apply. Deadline: March 31, 2019.

• Information Sessions –
  o February 19th WHS 10:15-10:55AM
  o February 20th BHS 10:15-11:00AM
  o February 21st FHS 10:15-11:00AM
  o February 21st MHS 10:15-11:00AM
  o February 26th OHS 6:30-7:30PM

Frederick County Public Library Card Sign-Up Month: FCPS & Frederick Count Public Libraries (FCPL) have partnered for a Library Card Sign-Up Month. Now, using their FCPS Student ID # and an FCPL prefix of 119829, students can create a Student Success Card that lets them borrow up to 3 print items without any late fees, access eBooks, use learning resources such as encyclopedias, journals, test prep, etc. Already have a library card? Students can use that card too to borrow up to 75 items and access additional materials such as DVDs, video games, and more. Visit http://fcpl.org/studentsuccess for complete details.
**Apprenticeships/Internships/Jobs:**

**AEOP Apprenticeship Opportunities:** Army Educational Outreach Program is offering summer STEM Apprenticeship opportunities for high school students in the Research & Engineering (REAP), the High School Apprenticeship Program (HSAP), and the Science & Engineering Apprenticeship Program (SEAP). All apprenticeships provide educational stipends while working with a mentor in a research lab. *For more information and to apply go to www.usaeop.com.*  **Deadline: February 28, 2019**

**The United States Senate Youth Program:** established in 1962 by U.S. Senate Resolution, is a unique educational experience for outstanding high school students interested in pursuing careers in public service. The 57th annual program will be held in Washington, D.C., from **March 2 – 9, 2019.**

Two student leaders from each state, the District of Columbia and the Department of Defense Education Activity will spend a week in Washington experiencing their national government in action. Student delegates will hear major policy addresses by senators, cabinet members, officials from the Departments of State and Defense and directors of other federal agencies, as well as participate in meetings with the president and a justice of the U.S. Supreme Court. All transportation, hotel and meal expenses will be provided by The Hearst Foundations. In addition, each delegate will also be awarded a $10,000 college scholarship for undergraduate studies, with encouragement to pursue coursework in history and political science. *To apply, please contact your state selection contact. https://us senateyouth.org/**

**Woman to Woman Mentoring (W2WM):** W2WM matches young women with a volunteer mentor to work together one-on-one and as part of a cohort for 6-7 months. The cohort meets together every 3 weeks for a life-skill workshop. The focus is on issues that women face at different life stages and how to persevere and overcome challenges. *For more information go to www.womantowomanmentoring.org.*
Scholarship Info:

**LifeBridge/ExpressCare Community Scholarship Program:** $2,500 prize. Essay contest is “How I will Use My Education to Give Back to My Community”. **Eligibility** – high school seniors who plan to enroll fulltime in an undergraduate course of study at an accredited two or four year college, university or technical school. Up to 30 prizes awarded. For more information and to apply go to [www.whywaitintheer.com](http://www.whywaitintheer.com). **Deadline:** March 3, 2019.

**Cathay Bank Foundation Scholarship:** The 2019 Cathay Bank Foundation is offering 20 $1,000 scholarships to high school seniors. **Eligibility** – high school senior, plans to attend a US accredited 4 year college/university in the fall of 2019, minimum overall unweighted GPA of 3.0, household income at or below the Low Income Level. For more information and to apply go to [http://apcf.org/2019-cathay-bank-scholarship-program](http://apcf.org/2019-cathay-bank-scholarship-program). **Deadline:** March 27, 2019

**APCF Scholarships:** The Asian Pacific Community Fund (APCF) is offering multiple scholarships ranging from $1,000-$20,000. For more information and to apply go to [http://www.apcf.org/programs/scholarships/](http://www.apcf.org/programs/scholarships/). **Deadline:** March 27, 2019.

** Taiwanese American Scholarship Fund:** The Taiwanese American Scholarship is offering 10 $5,000 scholarships to high school seniors. **Eligibility** – US citizen or permanent resident, and direct blood descendant of a Taiwanese citizen, high school senior, plans to attend college/university in the fall of 2019, minimum overall unweighted GPA of 3.0, household income at or below the Low Income Level. For more information and to apply go to [www.TAScholarshipfund.org](http://www.TAScholarshipfund.org). **Deadline:** March 27, 2019

**Fashion Institute of Design & Merchandising (FIDM) Scholarship Competition:** Scholarship for students interested in fashion, visual arts, graphics, interior design, social media & entertainment. Full one year scholarship to FIDM. For more information and to apply go to [bit.ly/FIDMscholarship](http://bit.ly/FIDMscholarship). **Deadline:** March 29, 2019.
Community Foundation Scholarship: Open from March 1st – March 31st. Eligibility – current high school seniors planning to attend college or vocational training. Scholarships are available in all areas of study. Information sessions listed below. Go to www.ScholarshipsFrederickCounty.com for more information and to apply. **Deadline:** March 31, 2019.

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Esperanza Education Fund Scholarships: $5,000-$20,000 scholarships to immigrant students in the District of Columbia, Maryland, and Virginia to attend public colleges and universities, regardless of ethnicity, national origin, or immigration status. Eligibility – Must be born outside of the US or have two parents born outside the US, be a graduating senior at a high school in the District of Columbia, Maryland, or Virginia, must enroll fulltime at an accredited public college or university in 2019-2020, must have had a family income of under $100,000 in 2018. For more information and to apply go to http://www.esperanzafund.org/about-our-scholarship. **Deadline:** April 1, 2019.

New Market District Lions Club Scholarship: Four $1,000 scholarships awarded to LHS and OHS graduating seniors planning to attend Frederick Community College in the fall of 2019. For more information and to apply see Mrs. Daly in the CTC School Counseling Office. **Deadline:** April 3, 2019.

Fordham Lee Poffenbarger Scholarship: Memorial fund scholarship established to honor the life of Fordham Lee Poffenbarger. Eligibility – FCPS graduating senior. For more information and to apply see Mrs. Daly in the CTC School Counseling Office or go to http://www.fordhamlee.org/memorial-fund/fordham-lee-poffenbarger-memorial-fund-scholarship. **Deadline:** April 4, 2019.

Beta Alpha Sigma Zeta Scholarship: $500 scholarship to 2019 FCPS graduate. For more information and to apply see Mrs. Daly in the CTC School Counseling Office. **Deadline:** April 5, 2019.

Miss Utility One Call Scholarship: $1,000 scholarship. Eligibility – current graduating high school senior, enrolled in a two or four year college, university or technical school for the 2019-2020SY. For more information and to apply go to https://form.jotform.com/MissUtility/Scholarship. **Deadline:** April 5, 2019.
**Kappa Kappa Iota Sorority Scholarship:** $500 scholarship to students interested in a career in education. *For more information and to apply see Mrs. Daly in the CTC School Counseling Office. Deadline: April 5, 2019.*

**Elks National Foundation Scholarship Programs:** Multiple scholarships ranging from $1,000-$50,000. *For more information go to* [https://www.elks.org/scholars/default.cfm?m=programs](https://www.elks.org/scholars/default.cfm?m=programs).

**College Resources:**

- **Academic Common Market (ACM):** The Southern Regional Education Board’s (SREB) Academic Common Market (ACM) allows students to pursue degrees in selected out-of-state programs at the in-state tuition rates. Students can choose from some 1,900 degree programs in 15 states. Participating in the ACM program is easy and free, requiring only that a student be certified as a legal resident of one of the 15 member states (Maryland is included) of the SREB and be admitted to an eligible program. For more details and to review a complete list of programs available, visit the ACM website at: [www.sreb.org/academiccommon-market](http://www.sreb.org/academiccommon-market).

- **Cappex:** Scholarship data base for scholarships from colleges, universities, private companies, foundations and more. Fill out a free profile to discover which scholarships match you best. Go to [www.cappex.com/scholarships](http://www.cappex.com/scholarships).

- **The Central Scholarship Bureau:** The CBS is a private nonprofit organization that provides grants, scholarships, and interest-free loans to Maryland students attending college and vocational school. CBS has been in existence since 1924 and is supported by private donors and community foundations. Go to [www.central-scholarship.org](http://www.central-scholarship.org).

- **College Board Website:** You can access resources for college searches, student aid and SAT information at the following website: [www.collegeboard.org](http://www.collegeboard.org)

- **College Now:** [www.gocollegenow.org](http://www.gocollegenow.org) – College planning resources for students and parents.

- **Good Call:** Integrates data and technology to make finding scholarships easier for students and families. View thousands of scholarships, filter results by specific requirements, and even search by competition level and entry difficulty. Go to [www.goodcall.com/scholarship](http://www.goodcall.com/scholarship).

- **MDGO4IT Website:** [http://www.mdgo4it.mhec.maryland.gov/](http://www.mdgo4it.mhec.maryland.gov/) Targets high school students to help with college planning and preparation. The interactive website weaves students through a virtual college campus, providing specific information on college planning, financial aid, and life on campus.
• **Mike Rowe Works**: Learn about scholarships, local job opportunities, apprenticeships, education opportunities, financial aid info, trade associations, SkillsUSA scholarships, and relevant trade news. *For more information, go to [www.mikeroweworks.com](http://www.mikeroweworks.com)*

• **New Website for College-bound Students with Disabilities**: A new website – [http://www.going-to-college.org](http://www.going-to-college.org) – has been developed to help high school students learn about living college life with a disability. The site provides video clips, activities, and resources that can help students get a head start in planning for college. Video interviews with college students with disabilities offer a way to hear first-hand from students with disabilities who have been successful. Modules include activities that will help students explore more about themselves, learn what to expect from college, and equip them with important considerations and tasks to complete when planning for college.

**Net Price Calculator**: U.S. Department of Education resource available on college and university websites that allow prospective students to enter information about themselves to find out what students like them paid to attend the institution in the previous year, after taking grants and scholarships into account. *For more information go to [https://collegecost.ed.gov/netpricecenter.aspx](https://collegecost.ed.gov/netpricecenter.aspx).*

**SAT Skills Insight**: This website is designed to assist and encourage students as they prepare to take the SAT. It gives high school students a better understanding of what is tested on the SAT. It provides real SAT questions and answers, suggestions for improvement, and guidance on how the student can sharpen their skills. It is a free online resource that is available to all students before they take their first SAT and as they prepare to re-take the SAT. Please visit: [http://collegeboard.com/satskillsinsight](http://collegeboard.com/satskillsinsight).

  o **Tuition Funding Sources**: Huge scholarship search engine.  
    [www.gocollegenow.org](http://www.gocollegenow.org)


**ZeeMee**: Social media app that allows students to share their story with 200+ colleges and universities through video. Discover schools and chat with 17,000+ other students. ZeeMee is a free platform that allows prospective students to share their authentic video story created on their mobile device with admissions teams. *For more information and to try it out go to [www.zeekee.com](http://www.zeekee.com).*
FAFSA Resources:

- **FAFSA on the Web** at www.fafsa.gov – the official site of the FAFSA (Free Application for federal Student Aid)

- **Student Aid on the Web** at www.studentaid.ed.gov
  - How do I prepare for college?
  - What types of aid can I get?
  - Do I qualify for aid?
  - How do I apply for aid?
  - How do I manage my loans?

Career Resources:

- **Career One Stop**: Resource for career exploration, training and jobs. Explore careers, find training, search for jobs, find resources, and more. Go to www.careeronestop.org.

- **MD One Stop Career Centers**: Full range of assistance to job seekers free of charge. Get assistance with training referrals, career counseling, job listings and other employment-related services. Go to http://www.dllr.state.md.us/county.

- **My Next Move**: My Next Move has tasks, skills, salary info, apprenticeship info, educational requirements and info on over 900+ careers. *For more information, go to www.mynextmove.org*

Community Resources:

- **Crisis Hotline Online Chat Feature**: The Crisis Hotline has a new online chat feature specifically geared towards teens. It is available Monday-Friday from 4-9 p.m. The chat is designed to help students whether it is for a crisis, suicide prevention, or just a safe place to vent. Check it out at www.help4MDyouth.org.

- **211**: Get connected. Get answers. 24/7 information, referrals and crisis intervention. Just call 211 or go to www.211md.org.

- **MD Youth Crisis Hotline**: 1-800-422-0009

- **Frederick County Mental Health Child & Adolescent Services**: Services include diagnostic evaluations, psychiatric evaluations, medication management, individual therapy, family therapy and group therapy. Call 301-600-1755.

- **Internet Essentials**: Affordable internet, low-cost computers, free classes and free online tutorials. Go to https://internetessentials.com

- **The Frederick Center**: Supporting, educating, linking, organizing, and providing outreach to the Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) community and its allies. Go to www.thefrederickcenter.org.

- **Heartly House Crisis Hotline**: 301-662-8800
• **National Suicide Prevention Lifeline**: 1-800-273-TALK
• **Frederick County Hotline**: A confidential 24 hour service for crisis intervention and support, information and referral. 301-662-2255
• **MHA Walk-In Behavioral Health Services**: Free service where a crisis specialist will meet with you to help resolve a current crisis or concern and assist with connections to ongoing support. Available to adults, youth and children. Location – 226 S. Jefferson St, Frederick. Hours – M-F 12-8PM Weekends – 12-4PM. No appointment necessary. For more information dial 211 or call 866-411-6803 or go to [www.fcmha.org](http://www.fcmha.org).